

29/0/28

FEMALE

TEL NO.

DAY OF ILLNESS

0148080596

ES

E ID : HKMN-CLI-2500348997

E DATE : 08/09/2025 10:37 AM

: 28 years old malay lady
G1P0 at 28w

U/L :

1. Hypothyroid post RAI

- Graves disease since November 2021

- Anti TSH ab 30/11/2022 : 19.76

- USG neck 3/11/22 : diffuse goitre

- Done RAI x1 in July 2024

- TFT in March 2025 : TSH 79, T4 < 0.5

- Started on T. L-thyroxine 100mg od since 24/3/25

Currently,

Keeping up well

Compliance to medications

Took meds on empty stomach

Denies hypothyroid / hyperthyroid sx

O/e : alert, not tachypneic

BP 100/65

PR 94

TSH trend

March 2025 - 23/4/25 - 25/5/25 - 16/7/25 - 25/8/25

TSH 79 → 17.65 → 11.94 → 5.23 → 0.284

T4 <0.5 → 18.96 → 16.44 → 14.9 → 19.56

L-thyroxine 150mcg od

Plan :

TCA combine x 6/52 with repeat TFT

Continue current meds T. L-thyroxine 150mcg od

Continue ANC follow up

ATION :

Y : DR. NUR AMANINA BINTI SHODALI (MO)